EBM DATABASES

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COCHRANE LIBRARY

- The Cochrane Library is a collection of databases in medicine and other healthcare specialties provided by the Cochrane Collaboration and other organizations. At its core is the collection of Cochrane Reviews, a database of systematic reviews and meta-analyses which summarizes and interprets the results of medical research, which are often considered the "Gold Standard" for systematic reviews in terms of quality. A major resource for finding information on the effectiveness of health care interventions and it offers high-quality evidence for health care decision making
- a collection of six databases compiled by the Cochrane Collaboration and the NHS Centre for Reviews and Dissemination

EVIDENCE BASED ABSTRACT JOURNALS

Evidence-Based Medicine ACP Journal Club Evidence-Based Mental Health Cancer Treatment Reviews Evidence-Based Nursing

CLINICAL PRACTICE GUIDELINES

- CPG Infobase
- Canadian Medical Association
- NICE Clinical Guidelines
- National Institute for Health and Clinical Evidence, UK
- Evidence-Based Guidelines (Programs in Evidence-Based Care)
- Cancer Care Ontario
- Best Practice Guidelines: Registered Nurses Association of Ontario (RNAO)
- Guidelines (Through Clinical Key)

COCHRANE COLLABOARTION

• Cochrane Database of Systematic Reviews / CDSR / Cochrane DSR Full-text of completed systematic reviews carried out by the Cochrane Collaboration, plus protocols for reviews currently in preparation. Reviews are updated in the light of new evidence and the date of the latest update is given. Database of Abstracts of Reviews of Effects (formerly Database of Abstracts of Reviews of Effectiveness) Especially written structured abstracts of quality-assessed systematic reviews published elsewhere in the medical literature. Cochrane Central Register of Controlled Trials / CCTR / CENTRAL References to randomised control trials (RCTs) identified through hand searching of journals and databases.

COCHRANE/SEARCH RULES

1. Expand your search using the truncation symbol * e.g. depress* finds depression or depressive, depressed etc. The truncation symbol can be used at the beginning and the end of your term.

2. * is also a wildcard to signify letter(s) within a word e.g. p*ediatric finds paediatric or pediatric. Note that singular and plural alternatives are automatically searched.

3. A question mark ? can be used to search for a single character.

4. To search phrases, put terms in quotes.

5. Combine and separate your search terms using the Boolean Operators AND or OR or NOT. 6. If combining phrases in the same line, enclose combination threads in parentheses.

COCHRANE/ SEARCH FOR YOUR TERM(S) USING

- MeSH terms
- Natural language

SEARCHING FOR YOUR TERM USING NATURAL LANGUAGE

• Advanced Search, Type your first term into the search box. Select Title, Abstract or Keywords from the drop-down menu on the left. If you wish to add another term, click on the + sign, situated to the left of the drop down menu, and another search box and drop down menu of Boolean operators will appear. Click on Go.

OR

• Enter the keywords one by one & click on Add to Search Manager after each word. Navigate backwards and forwards between the Search tab & the Search Manager until all your terms are present in the Search Manager, then combine them in the Search Manager. This option is useful if you intend to combine terms in Natural Language with your MeSH terms in your search strategy.

COCHRANE

Cochrane Library	Trusted evidence. Informed decisions. Better health.		Log in / Register O
Search	Search Manager	Medical Terms (MeSH)	Browse
Title, Abstract, Keywords Search Limits Sea	(Word variations have been	searched)	Go Save Add to Search Manager
Restrict your search			
Wiley Online Library Publica	tions Browse By Subject Resource Help Contact Us Agents	es Advertisers Media Privacy Cookies	Terms & Conditions Site Map

SEARCHING FOR THE TERM USING THE MEDICAL SUBJECT HEADINGS (MESH DESCRIPTOR)

- click on Advanced Search. Click on the Medical Terms (MeSH) search tab. Enter your first term into the Enter MeSH term box, and select any appropriate subheadings/ qualifiers from the drop-down menu in the Select MeSH qualifiers box. Click on Look Up. When you search for a term using the MeSH Thesaurus button, the database will search for all of the MeSH descriptors that contain your term. By selecting the MeSH descriptor through the thesaurus, the database will retrieve results containing the MeSH descriptor and related narrower terms
- the MeSH descriptor: Myocardial Infarction
 Myocardial Infarction; Inferior Wall Myocardial Infarction; Myocardial Stunning; Shock, Cardiogenic etc.).

SEARCHING FOR THE TERM USING THE MEDICAL SUBJECT HEADINGS (MESH DESCRIPTOR)

The next screen (see caption above) displays a definition of your search term, and Thesaurus matches, including synonyms of your search term, on the left. The central column shows you where your term sits in the MeSH tree, and enables you to explode one or more MeSH trees. 3. If you wish to search for the descriptor only, select the Single MeSH term (unexploded) option. If you wish to search for the descriptor and its narrower terms, select the Tree Number * box (es), and Explode either the selected trees or all the trees. 4. The box on the right shows you how many results in total there are for that specific search. Click on Add to Search Manager. 5. Repeat this procedure until you have entered all your search terms and are ready to combine your searches in the Search Manager tab



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Search	Search M	anager	Medical Terms (MeS	H)	Brows	se .
Myocardial Infarction		Select subheadings / qua	lifiers		Lookup	Clea
earch Help						
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hesaurus matches	MeSH MeSH	rees erm - Myocardial Infarctio	on	Save search	Add to Search	th Manager
Exact Term Match	● Expl	ode all trees	^	Cochrane Revie	ws	50
Myocardial Infarction Synonyms: Myocardial Infarctions.	OSing	e MeSH term (unexploded ode selected trees) Select	Other Reviews		619
	Use the	e checkbox next to each tre	e to explode	Trials		7827
Phrase Matches	selecte	d trees		Methods Studie	5	0
	√ Tr	ee Number 1		Technology Ass	essments	93
Any Word Match	Cardio	/ascular Diseases [+5]		Economic Evalu	ations	296
Synonyms: Infarction, Myocardial; Infarctions,	Hea	rt Diseases [+24]		Cochrane Group)S	<u>∧</u> 9.+
Myocardial; Myocardial Infarctions; Myocardial Infarct; Infarct, Myocardial; Infarcts, Myocardial; Myocardial Infarcts.		Angina Pectoris [+4] Coronary Disease [+7] Myocardial Infarction [+/	4]		Viev	v Results t

COMBINING SEARCH TERMS

	Coch Libra	nr	ane y	Trusted evidence. Informed decisions. Better health.			Log in / Register
	Search			Search Manager	Medical Terms (MeSH)		Browse
search an	exact word(s) us	e qua	station marks, e	g. "hospital" finds hospital; hospital (no quotation ma	ris) finds hospital and hospitals; pay finds paid, p	lays, paying, payed)	
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Θ	+ #	#4 MeSH descriptor: [Nutrition Therapy] explode all trees			m	7197	
Э	#5 MeSH descriptor. [Exercise] explode all trees			m	14346		
o e	Edit 🕘 #6 #1 or #2 or #3				200	18597	
0 E	nt 🕘 🗐	7	#4 and #	#5 and #6			5
Θ	+ #	8	10				
Clea	r Strategy	Se	arch Help				Highlight orphan lines
Save	strategy		-			Savas	tratowy
Strate	egy Name					Save	thategy

UPTODATE

- UpToDate is a comprehensive clinical decision support resource used by professionals around the world to diagnose and treat specific health issues. It contains a range of information and is designed to be used at the point of care.
- UpToDate includes more than 7400 peer-reviewed topics; these are written by 3800 physicians who are experts in their respective fields. Each review is linked to Medline abstracts and a complete drug information database. An updated version of UpToDate is released every four months.



Use subsections

Hover over a topic to see the full topic outline

UPTODATE



UPTODATE

- Click in the **Search UpToDate box** to search again.
- Click on the **What's New** tab to read summaries of the latest major medical findings within each specialty.
- Click on the **Patient Info** tab to access a list of available topics for downloading for patients.
- **Graphics** in UpToDate are denoted by phrases such as "show figure 1". You can access any graphic by clicking on these links. Graphics included in a topic review are also listed at the bottom of the topic outline.
- Click on a **drug name** in a topic review to access usual dosage, adverse reactions and more. You can also search for a drug name by typing it into the New Search box.

CLINICALKEY

Why clinicalkey:

- thousands of Elsevier's medical books, textbooks and very current journals
- Procedures Consult's procedural videos
- the First Consult POC information
- additional videos and images, practice guidelines, patient handouts, and drug information from Clinical Pharmacology
- thousands of clinical and other medical images and videos
- CME credits via the Cleveland Clinic

HOW TO GET INFORMATION FROM CLINICALKEY

• Search

• Browse

HOW TO GET INFORMATION FROM CLINICALKEY/ BROWSE

- 1. Access the ClinicalKey BROWSE menu
- 2. Select the desired Browse content type option.
- 3. The BROWSE RESULTS page displays for the selected content type.
- 4. Locate the desired content item using any combination of the following:
- Enable checkboxes in the FILTER BY menu, located on the left side of the page. Filter by options vary, depending on the content type. Enter a full or partial title in the Find List by Title field. As you type, ClinicalKey uses "smart search" functionality to automatically display suggestions. Click an alphabet letter link to filter the list alphabetically. Use the scroll bars to navigate through the list.
- 5. Click the title link of the desired item to view its full content.

HOW TO GET INFORMATION FROM CLINICALKEY/SEARCH

1. Access the ClinicalKey Search Bar

2. Select a content source from the CONTENT TYPE drop down menu options.

3. Enter a full or partial search term in the Search field. Note: As you type, ClinicalKey uses "smart search" functionality to automatically display suggestions.

- 4. Click a link from the Suggestions drop down options.
- 5. The SEARCH RESULTS page
- 6. Locate the desired content item
- 7. Click the title link of the desired item to view its full content.

OVID

Basic Search | Find Citation | Search Tools | Search Fields | Advanced Search | Multi-Field Search

- 1 Resource selected | Hide | Change
- Ovid MEDLINE(R) 1948 to Present with Daily Update

0	adverse effects opioid endo	Search				
	 Limits (close) 	🔲 Include Mu	ıltimedia	Include Related Terms		
	 Abstracts Evidence Based Medicine Review Articles Topic Reviews (Cochrane Pharmacologic Actions 	e Reviews)	Structu Article Article	ured Abstracts Reviews (ACP Journal Club) Reviews (DARE) Clinical Journals (AIM)	 English Full Tex Human Latest U 	Language t s Jpdate
	Publication Year - Additional Limits Edit Lim	▼ v	•			

OVID

Basic search

- 2. Advanced search
- 3. Multi-filed search
- 4. Find citations

OVID/BASIC SEARCH

- Take your search question and remove the smaller connecting words, such as in, the, on, for. Keep the words related to the main concepts of your search. You do not need to include, and should not use, synonyms, Boolean operators (OR / AND), or truncation (*). Ovid will do this for you. In general, phrase searching should also be avoided.
- Type your simple search string into the search box.
- Tick the box next to Include Related Terms
- Click Search

OVID/SEARCH RESULTS

Search History (1)

View Saved



26. Opioid endocrinopathy: a clinical problem in patients with chronic pain and long-term oral opioid treatment.

Rhodin A; Stridsberg M; Gordh T.

Clinical Journal of Pain. 26(5):374-80, 2010 Jun.

[Journal Article. Research Support, Non-U.S. Gov't]

UI: 20473043

BACKGROUND: The use of strong opioids for treatment of noncancer chronic pain has increased. However, strong evidence for

sustained pain relief and improved function is lacking. Controversy prevails, whether hormonal changes are induced by long-term **treatment** with **opioids**. The purpose of this study was to investigate the occurrence of **endocrine** dysfunction in chronic pain patients on long-term **opioid treatment**.

OVID/SEARCH RESULTS/USING FILTERS

Basic Search | Find Citation | Search Tools | Search Fields | Advanced Search | Multi-Field Search

1 Resource selected | Hide | Change

Ovid MEDLINE(R) 1946 to Present with Daily Update

			Search
Limits (close)	Include Multimedia	🖉 Include Related Terms	
Abstracts	Struct	ured Abstracts	🔲 English Language
📃 Evidence Based Medicine Revi	ews 📃 Article	Reviews (ACP Journal Club) 📃 Full Text
Review Articles	Article	Reviews (DARE)	📃 Humans
Topic Reviews (Cochrane)	📃 Core (Clinical Journals (AIM)	📃 Latest Update
Pharmacologic Actions			
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EXAMPLE

• 'Does the flu vaccine help reduce absenteeism in healthcare workers?

Р		С	0
Health personnel	Flu vaccine		Absence
Healthcare workers	Influenza vaccination		Sick leave
Healthcare staff	Influenza immunization		Absenteeism
Nurses	etc.		etc.
Doctors			
Hospital staff			
etc.			